

The 3rd Annual North Carolina Conference on ALS – Event # 31798
Wednesday, November 10, 2010

Covenant Presbyterian Church – Fellowship Hall • 1000 East Morehead Street, Charlotte, NC
Register online at www.charlotteahec.org

PERSONAL

Last Name _____
First Name _____ Middle Initial _____
Last 4 digits of Soc. Sec. # xxx-xx- □□□□
Discipline (check one) Allied Health Dentistry Health Careers Medicine
 Mental Health Nursing Pharmacy Public Health Other
Specialties _____
Degrees/Certifications/License _____
Mail goes to Home Office or by E-mail

WORKPLACE

Employer _____
Department _____ Position _____
Street/PO Box _____
City _____ State _____ Zip _____
Phone _____ E-mail _____

HOME

Street/PO Box _____
City _____ State _____ Zip _____
Phone _____ E-mail _____

Credits: CME CNE NCBPT AARC CEU

Disclaimer: By providing your email address and telephone number, you have granted permission for AHEC to contact you via the numbers and address indicated. Would you like your name to be removed from our mailing list? Yes No

Please indicate if you would like a vegetarian meal: Yes No

Health Professionals

\$75.00 Early Bird Registration before November 1st

\$90.00 Registration after November 1st

PALS (Persons with ALS)

No Charge Register by November 1st

CALS (Caregivers of persons with ALS)

One caregiver to accompany a PALS

No Charge Register by November 1st

Name of PALS you are accompanying _____

PAYMENT

Check/Cash Enclosed for \$ _____ Charge: Visa MasterCard AMX
Name as it Appears on Card _____
Cardholder's Signature _____
Account # □□□□ □□□□ □□□□ □□□□
Expiration Date _____ Security Code (Last 3 digits on back of card) □□□

Registration Options:

Send registration form with payment to Charlotte AHEC:

Charlotte AHEC Registrar

P.O. Box 32861

Charlotte, NC 28232-2861

or

Complete form and fax to 704-512-6561

or

Register Online at www.charlotteahec.org, go to "Continuing Education", then you can register under "Allied Health Education", "Continuing Medical Education" or "Nursing Education"

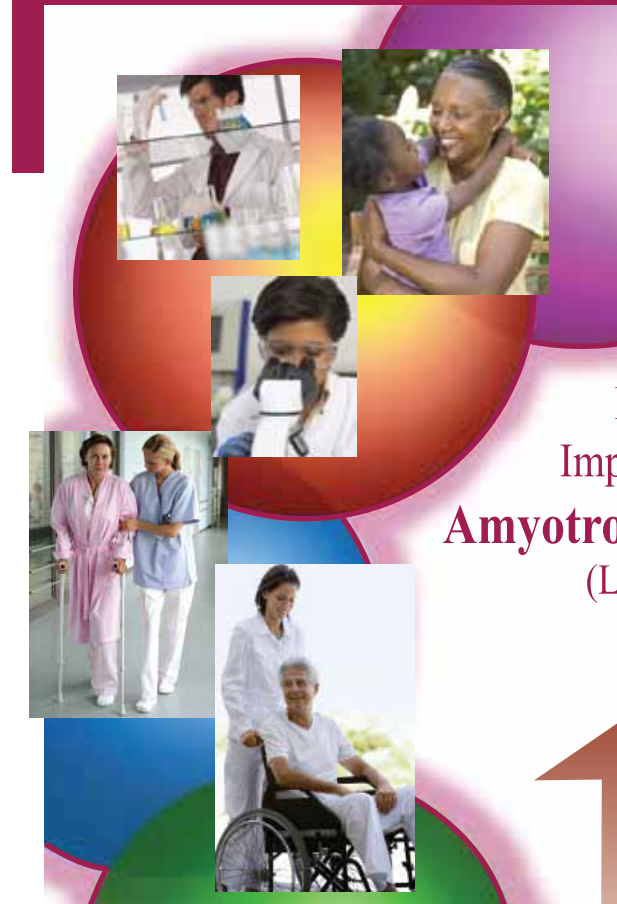
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Charlotte, NC 28232-2861



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The 3rd Annual

N.C. Conference on ALS



Reaching Out to
Improve Caregiving for
Amyotrophic Lateral Sclerosis
(Lou Gehrig's Disease)



**Wednesday
November 10, 2010**

Registration 8:30 am

Program 9:00 am - 4:00 pm

**Covenant Presbyterian Church
Fellowship Hall**

1000 East Morehead Street
Charlotte, North Carolina 28204



Presented by

Keri's Crusade for ALS

in conjunction with

Carolinas Neuromuscular ALS/MDA Center

Charlotte Area Health Education Center (AHEC)

HONORING KERI

At 27 years old, **Keri Brown Still** was a brilliant young lady. She had earned a BS and 2 masters, and had a bright future. She wanted to be a mom more than anything. Keri got married, and honeymooned in the Grand Caymans. Shortly after, her right hip started to ache, and she thought she had injured herself at the gym. The pain got worse and traveled down her leg, leaving her foot paralyzed.

For months, Keri limped in/out of specialists’ offices, where she had EMGs, blood work, and MRIs. She was told she had a slipped disk, but yet the MRI did not show it. She was given prednisone. At her urging to try something, she was given one Immunoglobulin treatment.

(Note: There is no test for ALS. There is no reliable test for Lyme disease, or many other viruses. At this time, she was told by the specialists that she did not have ALS, Guillian-Barre, MS, Lyme disease, & other similar diagnoses.)

Keri tried physical therapy, acupuncture, chiropractor, and many neurologists. The feeling came back to her foot. Six months after her first doctor visit, she started getting movement back in her toes. The PT said she was starting to work out the paralysis. One neurologist said she had a virus, and it was working itself out. This news came on the day she found out she was pregnant.

Within two months, Keri’s complete right leg would not work. Within four months, the other leg was so weak she was dragging herself to work on arm crutches.

In mid-December 2006, Keri was diagnosed with “probable” ALS. By the time the baby came, she was in a wheelchair, never to walk again. Any treatments she tried had no effect. When her daughter was 10 months old, Keri Brown Still died of ALS on January 13, 2008, at the age of 29, just over a year from the probable diagnosis.

As Keri and her family sought information on ALS, they discovered just how little is known about this disease which is diagnosed every 90 minutes in this country alone! The family found the best sources of information was the *ALS Association - Catfish Chapter* and the *Muscular Dystrophy Association - ALS Division*.

So to honor her, ***Keri’s Crusade for ALS*** was formed, a 501(c)(3) nonprofit organization, to provide information and training for caregivers of all levels. Please visit: <http://www.keribstill.com>. We MUST find the cause and the cure for this fatal disease.

WHO SHOULD ATTEND

Physicians, Physician Assistants, Nurses, Nurse Practitioners, Physical Therapists, Respiratory Therapists, Occupational Therapists, Speech Language Pathologists, Social Workers, Dietitians, Nursing Assistants, Persons with ALS or PLS, caregivers of any motor neuron disease, and others interested in learning more about the disease.

PROGRAM DESCRIPTION

This symposium is specifically designed to meet the educational needs of interdisciplinary health care team members and caregivers who work with individuals diagnosed with Amyotrophic Lateral Sclerosis. ALS, also known as “Lou Gehrig’s Disease”, is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. Motor neurons reach from the brain to the spinal cord and from the spinal cord to the muscles throughout the body. The complex and progressive nature of the disease requires expert intervention from diagnosis and throughout the course of the disease.

The format of the conference has been planned to maximize opportunities for individual learning. All participants will attend the plenary sessions in the morning and then rotate through all four of the concurrent sessions. This concurrent session rotation design will provide opportunities for small group discussion and hands on activities that are not possible with the group as a whole.

OBJECTIVES

- Analyze new pharmacological and surgical interventions being evaluated and implemented in patients with Amyotrophic Lateral Sclerosis.
- Identify the changes that occur in the respiratory system of an ALS patient and the proper techniques to manage these symptoms.
- Describe the importance of proper nutritional management and adequate caloric intake of an ALS patient.



- Explore the topic of exercise as a treatment strategy/therapeutic technique in managing ALS.
- Explore the personal journey from a patient living with ALS.
- Discuss from a multidisciplinary standpoint health team perspectives related to ALS care.
- Identify the unique home care needs of patients with ALS, and the importance of extended care in the home.
- Explore the different types of augmented assistive communication devices frequently used by ALS patients.
- Demonstrate current techniques and devices used to maximize and improve respiratory status.
- Demonstrate safe and proper techniques to transfer and position patients with ALS.

AGENDA

8:30 Registration and Continental Breakfast/ Vendor Exhibit Time

9:00 **Opening Remarks from Keri’s Crusade**
Keri’s Crusade for ALS

9:30 **New Directions in ALS Treatment**
Benjamin Rix Brooks, MD- Director Carolinas ALS Center

10:00 **Respiratory Do’s and Don’ts**
Chris Burgess, BS, RRT, RCP and Elena Bravver, MD

10:20 Break

10:40 **Calories-Medicine for ALS**
Mifflin O’Neill, MS, RD, LDN and Elena Bravver, MD

11:00 **Exercise, A New Treatment for ALS**
Mohammed Sanjak, PhD, PT and Benjamin Rix Brooks, MD

11:20 **PALS Speaker**

11:50 **ALS Expert Discussion Panel**

12:30 Lunch (provided)

1:30 Concurrent Breakout Sessions A and B Begin (30 min each)

A Home Care Needs

Mindy Nichols, RN
Kerry Duffy, MHS, PT, ATP
Amber Ward, OTR/L, ATP
Elena Bravver, MD

B Communication Devices

Amy Wright, MCD, CCC-SLP, ATP
Benjamin Rix Brooks, MD

2:00 **Transition / Rotate Rooms**

2:05 **Repeat Concurrent Sessions A and B**

2:35 **Break / Transition Rooms**

2:50 Concurrent Breakout Sessions C and D Begin (30 min each)

C Run Down on Respiratory Devices

Velma Langford, RT, RCP
Chris Burgess, BS, RRT, RCP
Benjamin Rix Brooks, MD

D Transferring/Positioning Patients

Kerry Duffy, MHS, PT, ATP
Amber Ward, OTR/L, ATP
Elena Bravver, MD

3:20 **Transition / Rotate Rooms**

3:25 **Repeat Concurrent Sessions C and D**

3:55 **Evaluation Completion / Certificate Pick Up**

4:00 **Adjourn**

PLANNING COMMITTEE

Benjamin Rix Brooks, MD – *Carolinas Neuromuscular/ALS/MDA Center*

Joan Brown – *Keri’s Crusade for ALS*

Harold Brown – *Keri’s Crusade for ALS*

May Cheung, MSN, RN-BC – *Charlotte Area Health Education Center (AHEC)*

Laura Connor, MS – *Charlotte Area Health Education Center (AHEC)*

Jennifer Lassiter – *Keri’s Crusade for ALS*

Maria Velez, MFA – *Charlotte Area Health Education Center (AHEC)*

Mary Webster, MSN, RN, CCM, AE-C – *Charlotte Area Health Education Center (AHEC)*

Nicole Williams, RN – *Carolinas Neuromuscular/ALS/MDA Center*

CREDITS

Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Carolinas HealthCare System/Charlotte AHEC and Keri’s Crusade for ALS. The Carolinas HealthCare System/Charlotte AHEC is accredited by the ACCME to provide continuing medical education for physicians.

Policy on Faculty and Sponsor Disclosure: The Carolinas HealthCare System/Charlotte AHEC adheres to the ACCME Standards regarding industry support of continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

Credit Designation Statement: The Carolinas HealthCare System/Charlotte AHEC designates this educational activity for a maximum of 4.75 *AMA PRA Category 1 Credits*™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Contact Hours (CNE): This conference is for 4.75 continuing nursing education contact hours. Charlotte AHEC is an approved provider of continuing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Physical Therapy Continuing Education: 5.0 Contact Hours. Charlotte AHEC, as part of the NC AHEC system, is an approved provider by the North Carolina Board of Physical Therapy Examiners with regard to activities directly related to physical therapy for continued competence.

Respiratory Therapy Continuing Education: Application for credit will be made to the American Association for Respiratory Care (AARC), up to 5.0 CRCE Contact Hours.

Continuing Education Units (CEU): Charlotte AHEC has approved this activity for 0.475 Continuing Education Units (CEUs) / 4.75 Contact Hours.

Attendance of the entire program is required before credit will be awarded. No partial credit will be awarded.

REGISTRATION INFORMATION

Pre-registration is required to assure space in this program. Space is limited and early registration is recommended. Please return your registration form along with payment to Charlotte AHEC. On-line registration is available at www.charlotteahec.org. For further information contact Sophia Dennis-Moore at 704-512-6537.

PALS and CALS see registration form for special attendance at no charge.



If you need any auxiliary aids or services identified in the American with Disabilities Act (ADA) in order to attend this conference, please contact Sophia Dennis-Moore by phone at 704-512-6537 or by email at Sophia.Moore-Dennis@carolinashealthcare.org.

CANCELLATION POLICY

- Participants that are registered for a live or online workshop and cancel between 2-weeks and up to 48-hours prior to the program will receive a 70% refund or full credit toward a future Charlotte AHEC program.
- If you cancel more than 2-weeks in advance of the workshop, there is a \$25 cancellation fee or full credit toward a future Charlotte AHEC program.
- No refunds will be given for individuals who cancel less than 48-hours prior to the program.
- Substitutes are welcome (please notify us in advance of the program).
- Cancellations MUST be made in writing (fax, mail, or email).